



## A message from the CEO

JOHN AIZLEWOOD

Welcome to our latest newsletter which we hope you will find informative.

We have had another busy year with over 12,000 bed nights of care delivered by the wonderful teams across all we do. Additionally, through The National Lottery funding support which you can read about overleaf, we have been able to grow the provision of our aftercare service available to former clients as well as people in recovery in North Somerset.

In order to improve our service provision we continue to invest in our teams. In the past six months we have received formal trauma informed care training and will have taken all staff through this by the end of 2026. Our two new accessible bedrooms have proved invaluable and we have also been able to improve the look and feel of many bedrooms recently.

The donations we've received have made a great difference to what we can do and we are extremely grateful to everyone who has impacted others by their generosity, thank you.

Kindest regards,  
John

### Inside

- Recovery Support Project Funding
- Reunion Tickets
- Updated Bedrooms
- Jennifer Retires
- Corporate Support
- 12 Step Poem

# Three years funding secured to continue our in-person recovery support service



In November we received fantastic news. Three years of funding to be able to continue our in-person recovery support services in Weston-super-Mare town centre, was officially confirmed. This funding has been awarded by The National Lottery Community Fund which we are extremely grateful for.

This service has been operating for a number of years in Weston-super-Mare, now supporting not only former Broadway Lodge clients who are in recovery from addiction, but also local people who have experienced of trauma, mental health difficulties, addiction or any form of abuse.

The various inclusive groups, held weekly, are designed to support participants to strengthen their recovery, improve confidence and self-esteem, experience personal development, build connection with others, get support for challenges, be empowered to lead healthy lives and reduce barriers to employment.

## New Men's Group (every Friday)

Because of the new funding we have been able to expand the service by launching a new men-only morning group therapy session. We already have an existing women-only wellbeing group and we recognise the value of offering same-sex support groups. They allow participants to feel heard, understood and comfortable to be vulnerable with same-sex peers and are likely to feel identification with each other as they can experience similar challenges.

## New Name:

**North Somerset Recovery Community Support Project by Broadway Lodge**

We have previously referred to this service as 'In-Person Aftercare' (Thursday sessions) and 'Wellbeing Wednesdays'. It now has one new official name which is the 'North Somerset Recovery Community Support Project by Broadway Lodge', to highlight the community element whereby the support isn't just available to our former clients, but that we warmly welcome people from the local community too.



[Click here for more information including session times and how to participate.](#)

# Broadway Lodge 2026 Reunion

Saturday 12th September

Read more & book a place by  
[clicking here](#)

## Recovery Renewal Weekend Stay

£499 Friday - Monday

Former clients can stay at Broadway Lodge for the weekend as a client again, re-engaging with the programme and participating in individual counselling, group therapy, workshops and other group sessions to enhance and invigorate their recovery with new learnings and awareness.

Recovery Renewal weekend stays are £499. If you're reading this as a former client, are clean/sober and would like to return for a long weekend (Friday afternoon - Sunday night or Monday morning), please email [hello@broadwaylodge.org.uk](mailto:hello@broadwaylodge.org.uk)

Limited availability.

Would you  
like a Recovery  
Renewal  
weekend  
stay?



# Bedroom Refresh

Stuart and Tony in the maintenance team have been busy over the winter refreshing a number of the bedrooms in both the Gordon Beard Unit and in the main house (some before and afters are pictured below).

Walls have been painted with warmer tones, aiming to create a cosier, more homely feel. Where needed, we also added new blackout curtains, lampshades, a cushion and canvas art, chairs and desk lamps.

You'll see that many rooms have a new feature wall where a darker green, blue or red is used to give the space more personality.

Along with bedrooms, a space on the main staircase landing which we use as a small seating area has also benefited from a small upgrade.

It's really important to us that clients feel comfortable living at Broadway Lodge. It's their home for a while, and therefore we like to keep rooms clean, tidy and welcoming and we are really pleased with the end result of the changes.

*After:*

*Before:*





"It won't happen overnight.  
But if you quit, it won't  
happen at all."



"If you only do what you always  
did, you will always get what you  
always got."



"Life's a  
climb, but  
what a view."



"Embrace the  
change and let  
it heal your  
soul."



"Our brains believe what  
we tell it, so be kind to it  
and tell it nice things,  
out loud so it can hear  
it."



# Detox for Ketamine Addiction Introduced

As recreational use of ketamine has risen in recent years, so has the number of people seeking treatment for ketamine addiction.

One of the debilitating consequences of frequent ketamine use is 'ketamine bladder syndrome'. This is caused by ketamine misuse where the bladder lining becomes irritated, inflamed, ulcerated and damaged, leading to chronic pain. Over time, the bladder walls thicken as scar tissue develops, shrinking the size of the bladder. Ketamine bladder syndrome can also affect the urinary tract and the damage can be irreversible and extremely painful.

When a client comes into treatment, pain can be at its worst in the first few days and weeks and for ketamine alone, a detoxification historically hasn't been prescribed as the body is able to adjust to abstinence without dangerous withdrawal symptoms.

Treating ketamine addiction has only become more common recently and as an industry, we are learning how best to support the physical symptoms clients can experience.

After consulting as a sector with other treatment centres, we have developed a prescribing protocol to better support clients and their pain when they start treatment at Broadway Lodge. We now prescribe a short benzodiazepine detoxification alongside appropriate pain relief and management for clients who need it, to ensure they are made as comfortable as possible when they begin treatment.

Feedback from clients entering treatment has been positive and we continue to monitor the effectiveness of treatment along with best practice interventions across the sector.

## Bristol Recovery Festival

Thursday 18th June

We are pleased that after a one year break, Bristol Recovery Festival is returning this year on Thursday 18th June. It's always a popular event and not too far from us in Weston-super-Mare, so we will have a stall and take senior peers along to enjoy the day too. Maybe we'll see you there!

[Find out more here.](#)



# Latest Miracle Mansion Podcast™ Episodes



Did you know we have our very own podcast? It's called 'Miracle Mansion Podcast' and can be found on Spotify, Apple Podcasts and Google Podcasts. We also have video versions to watch on our YouTube channel and on our website in the 'stories' section.

Each episode features a former client courageously sharing their story and experience of addiction treatment at Broadway Lodge with Markkus, our Director of Therapy & Aftercare. They offer hope and inspiration and demonstrate that recovery IS possible.



[Click here to watch Miracle Mansion Podcast™ episodes on YouTube.](#)



Would you like your own episode?

If you are clean and sober, left treatment at Broadway Lodge at least one year ago and you would be happy to record a Miracle Mansion Podcast™ episode with Markkus, we would love to hear from you!

You can express an interest to Markkus by emailing [hello@broadwaylodge.org.uk](mailto:hello@broadwaylodge.org.uk)

# 12 Step Poem

*written by a client at Broadway Lodge*

We were powerless over our addiction and our lives had lost control.  
We put faith in a power greater than us to save our tortured soul.

We decided to turn our will over to this power.  
No longer do we feed our addiction, hour to hour.

We looked at the lives we led and searched deep and wide.  
No longer did we need to suffer, isolate and hide.

We opened up to another addict about what we've done wrong,  
And lightened the load and are now feeling strong.

We asked for help to live a fulfilled life,  
And made a list of all we had harmed and caused strife.

We reached out to put things right,  
And continue to reflect, day and night.

We prayed and quietly listened for the advice the power would give.  
Seeking out a better way, so we can truly live.

We started to awaken and realise what we had to gain,  
And to help other addicts who are suffering in pain.

# Nurse Jennifer Retires



*Jennifer (centre) pictured with John, CEO, and Lee, Director of Clinical Care, Registered Manager & Deputy CEO*

After a very impressive 39-year nursing career at Broadway Lodge, Jennifer retired on the 20th February 2026.

Jennifer started working at Broadway Lodge back in 1987 and has supported hundreds of people through a tough time in their lives and has made many strong friendships with colleagues over the years. As well as a nurse, many former clients will also remember Jennifer as their calming Tai Chi Qigong instructor.

Jennifer is off to enjoy her retirement which is much deserved and we wish her all the best for a very happy one. An enormous thank you to Jennifer for her incredible dedication to Broadway Lodge over the last four decades and for supporting all of the clients she has cared for, impacting not only those individuals but their families too.



## Did you know?

The original main house at Broadway Lodge was a family home until the early 1920's, last purchased as a family residence by a newly married couple for £6,000 in 1921. It was called 'Totterdown' back then and has since been extended several times.

# Michelmores & Partners & Raise £1,500 for Broadway Lodge

Law firm, Michelmores, teamed up with Partners& and organised a 5-a-side football tournament which was held in February, all to raise money for Broadway Lodge.

They successfully gathered enough teams from other companies and competed at Imperial Sports Ground in Bristol, with players full of energy, positivity and hope to win despite the cold and wet afternoon.

The teams included: Michelmores, Partners&, Switch Health, Albert Goodman, Integrity365, BGF, Hazelwoods, Santander, Shaw & Co, Rathbones, Bishop Fleming Accountants, PKF-Francis Clark and Deloitte.



The Albert Goodman team won - a big congratulations to them!

We'd like to say a huge thank you to all the players who took part and everyone who donated. They raised over £1,500 for Broadway Lodge which is incredible, and makes a big difference to our charity.

## Government Lobbying

Our CEO, John, with the support of our board of trustees and senior leadership team, has been representing the residential rehabilitation sector at government level in collaboration with leaders of other addiction treatment centres and organisations in the sector.



*John at Westminster*

We feel this work is not only important, but imperative. The voice of our residential addiction treatment services needs to be heard by the those in government who make significant (and potentially harmful) decisions that impact our work and the current and future individuals who need our help. We aim for the people working in government to listen and take action where necessary.

John has been involved in an ongoing programme of work where he has travelled to Westminster numerous times over the last two years and presented for over one hour to MP's and sector representatives in the Houses of Parliament.

John, along with three fellow leaders in our sector, will be heading back to London for a round table meeting with the Minister in May 2026 - another positive step to help shape government thinking.

Broadway Lodge  
37 Totterdown Lane  
Weston-super-Mare  
North Somerset  
BS24 9NN

01934 812319

[www.broadwaylodge.org.uk](http://www.broadwaylodge.org.uk)

Registered Charity Number 269167

**BROADWAY**  
**LODGE** *est.1974*  

---

**TRANSFORMING LIVES**